

Coach Responsibilities Before, During, and After an Injury Occurs

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Franciscan HEALTH
SPORTS MEDICINE

Before an Injury...

❖ Certifications/Training

- CPR/AED/First Aid
- Stop the Bleed
 - Franciscan Education Center (765) 449-5133
(formerly Kathryn Weil Center)

❖ Know your athletes

- Medical History
 - Prior injuries, allergies, asthma, seizure disorder
 - Medications

❖ Proper Equipment



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Before an Injury...

❖ First Aid Kit

- Practices & Events
- Contact Information
- Identify
- Supplies
 - Bandages
 - Gauze
 - Gloves
 - Biohazard Bags
 - Scissors
 - Peroxide
 - Clean Cloth
 - Tourniquet(s)?
 - OTC/Prescription Medication - check school policy
 - CPR Mask
 - Tape/Pre-Wrap
 - Ace Wrap
 - Mouth Guards
 - Saline Solution
 - Antibiotic Ointment
 - Ice Bags
 - Extra Shoe Strings
 - Pen/Paper



Before an Injury...

❖ Emergency Contact Information

- Parent/Guardian Information
 - Home, Work, Cell Phone Numbers
- Medical Release

Medical Release: I give my permission for the West Lafayette Jr./Sr. High School staff to seek medical treatment for my child in the case of injury or illness that is incurred while participating in a school sponsored activity and I cannot be reached to give my consent to emergency personnel.

Sharing of Medical Records: I give my permission for the West Lafayette Jr./Sr. High School athletic training staff to share pertinent medical information with the coaching staff, team physicians, school nurse and athletic director.

I HAVE READ THIS CAREFULLY AND KNOW IT CONTAINS A RELEASE

Date _____ Parent / Guardian Signature _____

Printed _____

❖ Emergency Action Plan (EAP)

- Athletic Trainer, Administrators, Coaches
 - Calling EMS/Parents
 - Gathering of team
 - Access to building/locked gates
 - Meeting EMS
 - Take Attendance



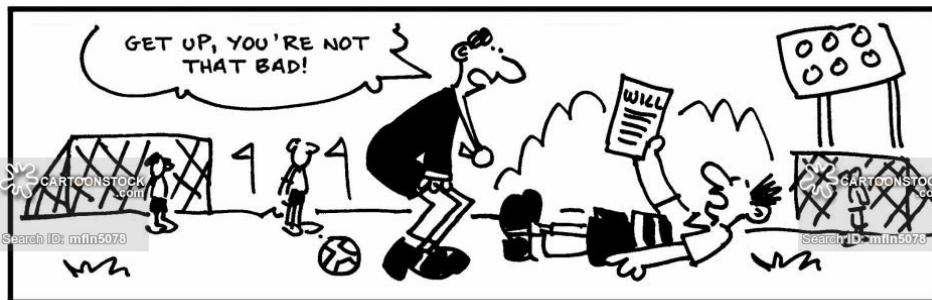
During an Injury...

❖ Athletic Trainer Present...

- Let the AT evaluate the situation/determine severity
- Coach present for assistance?
- Head coach ---> delegate jobs
 - May differ from games and practices
 - Who will gather team (stay or leave area?), make EMS call, meet EMS at entrance, contact parents if needed/AT unavailable to do so

❖ Athletic Training Student Aides

- Unable to evaluate/assess/make return-to-play decisions



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During an Injury...

❖ No Athletic Trainer...

- Head coach evaluate the situation
 - Determine the severity
 - Hang nail, dislocation/displacement, lost of consciousness??
- Determine if EAP needs to be activated
 - If yes, delegate jobs as previously stated



"Hang on, I've got an app for that..."



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After an Injury...

❖ Athletic Trainer Present...

- Visit AT Room, phone call?
 - After Injury
 - During Rehab

❖ No Athletic Trainer Present...

- Contact AT (if on staff)
- Stay in contact with parents
- Ask for clearance notes





www.atyourownrisk.org



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Questions??



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